



Puberty, Periods and all that stuff! GIRLS ONLY!: How Will I Change? (Volume 2)

Katrina Kahler, Kaz Campbell

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This Puberty book will help you to understand what you are going through without going into unnecessary detailed information about sex that is more suitable for older teenagers. This book covers topics such as confidence, moods and feelings, pressures of growing up, bullies, physical body changes, periods and boyfriends are explored in this book that has been designed for girls aged between 7 and 13.

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