



# **My First Communion Journal in Imitation of St. Paul, Putting on the Armor of God**

*Janet P. McKenzie*

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This journal has been constructed in imitation of the copybook made for Therese Martin by her older sister Pauline (Sr. Agnes of Jesus) in 1884 to help Therese prepare for her First Holy Communion. Each day of her sixty-nine day preparation period Therese recorded the number of times she recited the included prayers and aspirations. By using her "sacrifice beads," she counted each time she overcame her own desires in order to please Jesus. Inspired by that copybook, this journal uses the same method of encouraging, and recording, daily prayers and mortifications. However, instead of using flowers to illustrate virtues, this resource uses the battle model St. Paul describes in Ephesians 6:10-17. First communicants are encouraged to arm themselves with virtues and spiritual weapons in order to fight as soldiers of Christ. The scriptural words of Jesus and St. Paul are reflected on frequently to encourage the imitation of the actions and love of Jesus and to inspire a love and knowledge of Holy Scripture.

Use this journal on its own or in conjunction with the *Communion with the Saints* family preparation program for First Communion. Create a lasting First Communion keepsake by daily recording your thoughts, prayers, and drawings. May you, like St. Therese, learn to love Jesus more deeply, thereby joining St. Paul's "holy ones" (Ephesians 6:18) in heaven.

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Book is to be different for every single grade. Book for children right up until adult are different content. As it is known to us that book is very important for people. The book My First Communion Journal in Imitation of St. Paul, Putting on the Armor of God ended up being making you to know about other know-how and of course you can take more information. It is extremely advantages for you. The guide My First Communion Journal in Imitation of St. Paul, Putting on the Armor of God is not only giving you considerably more new information but also to get your friend when you experience bored. You can spend your own spend time to read your e-book. Try to make relationship together with the book My First Communion Journal in Imitation of St. Paul, Putting on the Armor of God. You never truly feel lose out for everything in the event you read some books.

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