

## Pain-Free: How I Released 43 Years of Chronic Pain

Dottie DuParcé



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Life got you down? Are you in pain, either physically or emotionally? This memoir will take you through the trials and triumphs of the author's life as she shares the many events that caused her pain, some of which are thought to be events you just can't come back from. Yet she was able to find a way to complete the loss after her daughter's death and find a way to alleviate 43 years of chronic pain after many doctors told her she would just have to live with it. Join her as she shares her story of tragedy and joy.

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