



# Friendshifts: The Power of Friendship and How It Shapes Our Lives

Jan Yager

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## Friendshifts: The Power of Friendship and How It Shapes **Our Lives**

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#### Friendshifts: The Power of Friendship and How It Shapes Our Lives Jan Yager

A comprehensive study of friendship including children and friendship, marriage and friendship, how friendships are initiated and maintained; thebest predictor of longevity in friendship; how the friendship principles that Dr. Yager learned could be applied to oter relationships; index; linedrawings; charts and selfquizzes.



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