



The Ten Commandments of Mindpower Golf

Robert Winters

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Ten easy-to-follow principles for improving the mental aspect of every golfer's game

"The Ten Commandments of Mindpower Golf by Dr. Robert Winters will help you play and score better. His concise message on how to apply oneself mentally . . . has helped an enormous number of players of all levels." --David Leadbetter, from the Foreword

Golf is a mental game, and to play well requires great concentration, focus, and emotional control. In *The Ten Commandments of Mindpower Golf* readers will learn basic, proven strategies to help improve their attitudes--and their scores. A few of the book's commandments are:

- Thou shalt have a great attitude
- Thou shalt always believe in thyself
- Thou shalt play one shot at a time

Here he carefully guides readers through his time-tested action plan for success, providing personal workbook assignments and key-point summaries to heighten the learning experience. This unique guide will help players at every level develop the emotional toughness necessary to win the mental game.

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Why? Because this The Ten Commandments of Mindpower Golf is an unordinary book that the inside of the book waiting for you to snap the idea but latter it will distress you with the secret the idea inside. Reading this book adjacent to it was fantastic author who all write the book in such amazing way makes the content inside of easier to understand, entertaining method but still convey the meaning totally. So , it is good for you because of not hesitating having this ever again or you going to regret it. This unique book will give you a lot of rewards than the other book include such as help improving your expertise and your critical thinking means. So , still want to postpone having that book? If I had been you I will go to the guide store hurriedly.

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