



# Sauerkraut Yankees: Pennsylvania-German Foods and Food Ways

*William Woys Weaver*

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They were called "Sauerkraut Yankees" during the Civil War. It was meant to be unflattering, but the name stuck and, for a time, became a byword for their entire culture. The author has revived it in this thoroughly original book that is both a factual guide and a first-person tour through one of the most colorful of American ethnic cookeries: the cookery of the Pennsylvania Dutch.

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