



**Kale Cookbook: A Collection of Super Nutritious,  
Vegan and Gluten Free Kale Recipes to Lose  
Weight, Lower Cholesterol and Live Healthy:  
Volume 2 (Superfood Series) by Isabelle Mathews  
RD (2015-03-04)**

*Isabelle Mathews RD;*

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# **Kale Cookbook: A Collection of Super Nutritious, Vegan and Gluten Free Kale Recipes to Lose Weight, Lower Cholesterol and Live Healthy: Volume 2 (Superfood Series) by Isabelle Mathews RD (2015-03-04)**

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