



# **The Sacred Ego: Making Peace with Ourselves and Our World (Sacred Activism)**

*Jalaja Bonheim*

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## **The Sacred Ego: Making Peace with Ourselves and Our World (Sacred Activism)** Jalaja Bonheim

Why have we failed to create the happy, peaceful world that we all want? And what can we do about it? For more than three decades, Jalaja Bonheim has explored these questions in her work with women leaders, activists, and spiritual seekers from around the world.

In *The Sacred Ego*, she tackles one of the core myths of popular spiritual culture—the myth of the ego, supposedly responsible for our greed, selfishness, and violence. In contrast, Bonheim approaches the ego as a sacred function worthy of honor and gratitude. With riveting stories from her work, she guides us into the depths of our collective psyche to pinpoint the real sources of our problems and illuminate our path to wholeness. Firmly grounded in a lifetime of practical experience, *The Sacred Ego* is a visionary, uplifting book that explains why our world is in crisis and how we can support the unprecedented transformational process that's underway.

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